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1 **A distributed active patch antenna model of a Josephson oscillator**

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7 **Abstract**

8 Optimization of Josephson oscillators requires a quantitative understanding of their microwave
9 properties. A Josephson junction has a geometry similar to a microstrip patch antenna. However,
10 it is biased by a dc-current, distributed over the whole area of the junction. The oscillating electric
11 field is generated internally via the ac-Josephson effect. In this work I present a distributed, active
12 patch antenna model of a Josephson oscillator. It takes into account the internal Josephson elec-
13 trodynamics and allows determination of the effective input resistance, which couples Josephson
14 current to cavity modes in the transmission line formed by the junction. The model provides full
15 characterization of Josephson oscillators and explains the origin of low radiative power efficiency.
16 Finally, I discuss the design of an optimized Josephson patch oscillator, capable of reaching high
17 efficiency and radiation power for emission into free space.

18 **Introduction**

19 Flux-flow oscillator (FFO) is the most well studied Josephson source of high-frequency electro-
20 magnetic waves (EMW) [1-12]. FFO was used in the first direct demonstration of Josephson emis-
21 sion by Yanson, et.al., back in 1965 [13,14]. State of the art FFOs, developed by Koshelets and
22 co-workers show a remarkable performance in terms of tunability and linewidth [6,9,12]. However,

23 they emit very little power into free space [11,13,15,16]. The low radiation power efficiency, i.e.,
24 the ratio of radiated to dissipated power, is commonly attributed to a large impedance mismatch
25 between a Josephson junction (JJ) and free space [10,16,17]. But there is no consensus about the
26 value of junction impedance: is it very small [16], or vice-versa very large [10]? At present there
27 is no clear understanding what causes impedance mismatching and what geometrical parameters
28 should be changed for solving the problem. Discovery of significant THz emission from stacked
29 intrinsic JJs in layered high- T_c cuprates [18-27] further actuated the necessity of a quantitative un-
30 derstanding of microwave emission from Josephson oscillators.

31 Figure 1 (a) shows a sketch of a typical FFO. It is based on a sandwich-type (overlap) JJ with the
32 length, $a \gg \lambda_J$, much larger than the Josephson penetration depth, and both in-plane sizes much
33 larger than the thickness of the junction interface, $d \ll b \ll a$. The in-plane magnetic field, H_y , in-
34 troduces a chain of Josephson vortices (fluxons) in the JJ. The dc-bias current, I_b , exerts a Lorentz
35 force, F_L , and causes a unidirectional fluxon motion. Upon collision with the junction edge, fluxons
36 annihilate. The released energy produces an EMW pulse, which is partially emitted, but mostly re-
37 flected backwards in the JJ. Propagation and reflection of FFO pulses in the transmission line (TL),
38 formed by the JJ, leads to formation of standing waves. The corresponding cavity mode resonances
39 are manifested by Fiske steps in the current-voltage (I - V) characteristics [16,28-32]. FFOs exhibit
40 sharp emission maxima at Fiske steps [9,12,13]. Such a conditional emission indicates that several
41 additional and equally important phenomena (apart from the ac-Josephson effect) are involved in
42 FFO operation [10]. The excitation of high-quality factor, $Q \gg 1$, cavity modes is one of them.

43 Geometry is playing a decisive role for characteristics of microwave devices. Although calcula-
44 tions of radiative impedances of JJs do exist [33], they were not made for the FFO geometry. From
45 the outside, the overlap JJ looks like a well known microstrip patch antenna [34-36]. The differ-
46 ence, however, is inside. A standard patch antenna has a point-like feed-in port, while in a JJ the
47 bias current is distributed over the whole area of the JJ. Furthermore, the oscillating component
48 of the current is actively generated inside the JJ by means of the ac-Josephson effect and the flux-

49 flow phenomenon. Therefore, a JJ can be considered as an actively pumped patch antenna with a
 50 distributed feed-in current.

51 In this work I present a distributed, active patch antenna model of a Josephson oscillator. It ex-
 52 pands the TL model of a patch antenna [36], taking into account the spatial distribution of the in-
 53 put current density in a JJ, described by the perturbed sine-Gordon equation. In the presence of
 54 magnetic field and fluxons, the oscillating current is distributed nonuniformly within the junction.
 55 This nonuniformity is essential for the FFO operation. It determines the variable input resistance,
 56 which enables the coupling of Josephson current to cavity mode resonances in the junction. The
 57 presented model allows application of many of patch antenna results and facilitates full characteri-
 58 zation of Josephson oscillators, including the emission power, directivity and power efficiency. The
 59 model explains the origin of low power efficiency for emission in free space and clarifies what pa-
 60 rameters can be changed to improve FFO characteristics. Finally, I discuss the design of a Joseph-
 61 son patch oscillator, which can reach high power for emission in free space with the optimal power
 62 efficiency, $\sim 50\%$.

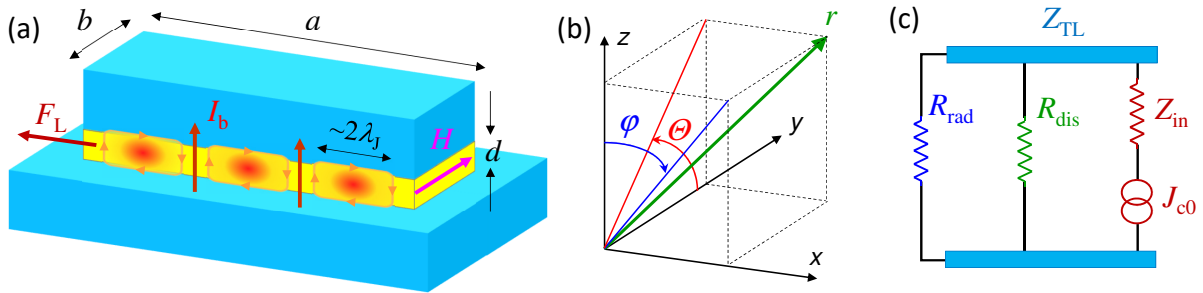


Figure 1: (Color online). (a) A sketch of the Josephson flux-flow oscillator. From outside it has a patch antenna geometry. However, inside it is driven by a distributed dc-current and the oscillating voltage is generated internally by a combination of the ac-Josephson effect and the flux-flow phenomenon. (b) Clarification of spatial and angular coordinates. (c) An equivalent circuit of the Josephson junction. The ac-Josephson effect provides a source of the high-frequency alternating current with the fixed amplitude of current density, J_{c0} . The oscillating voltage at the junction edges is generated by means of the input junction impedance, Z_{in} , and is distributed between the internal dissipative resistance, R_{dis} , and the external radiative resistance, R_{rad} , connected by the transmission line impedance Z_{TL} .

63 **The active patch antenna model**

64 Spatial-temporal distribution of voltage in a JJ is described by the equation (see ch.9 in Ref. [31]):

$$65 \quad \frac{\partial^2 V}{\partial x^2} + \frac{\partial^2 V}{\partial y^2} - \frac{1}{c_0^2} \frac{\partial^2 V}{\partial t^2} = L_{\square} \frac{\partial J_z}{\partial t}, \quad (1)$$

66 where c_0 is the (Swihart) velocity of EMWs in the TL formed by the JJ and L_{\square} is the inductance
67 of JJ per square. J_z is the current density through the JJ, which has Cooper pair and quasiparticle
68 (QP) components,

$$69 \quad J_z = J_{c0} \sin \eta + \frac{V}{r_{\text{QP}}}. \quad (2)$$

70 Here J_{c0} is the Josephson critical current density, η - the Josephson phase difference and $r_{\text{QP}} =$
71 $R_{\text{QP}ab}$ - the QP resistance per unit area.

72 Eq. (1) is the equation for an active TL [37] with a distributed feed-in current density J_z . There-
73 fore, a JJ has many similarities with the microstrip patch antenna. However, there are three main
74 differences:

75 (i) The feed-in geometry. A patch antenna has a point-like feed-in port, through which the oscil-
76 lating current is applied [34-36]. The FFO is biased by a dc current, distributed over the whole JJ
77 area.

78 (ii) The excitation scheme. A patch antenna is a linear oscillator, pumped by a harmonic signal. To
79 the contrary, a JJ is biased by a dc-current and the oscillatory component is generated inside the JJ
80 via the ac-Josephson effect and the flux-flow phenomenon.

81 (iii) Slow propagation speed of EMWs inside the JJ, $c_0 \ll c$. This is caused by a large kinetic in-
82 ductance of superconducting electrodes. For atomic scale intrinsic JJs is layered cuprates it can be
83 almost 1000 times slower than c [32]. Because of that, the wavelength inside the JJ is much smaller
84 than in free space, $\lambda \ll \lambda_0$. Therefore, a JJ corresponds to a patch antenna with extraordinary large
85 effective permittivity, $\epsilon_r^* = (c/c_0)^2$.

86 Dynamics of a JJ is described by a nonlinear perturbed sine-Gordon equation,

$$87 \quad \frac{\partial^2 \eta}{\partial \tilde{x}^2} - \frac{\partial^2 \eta}{\partial \tilde{t}^2} - \alpha \frac{\partial \eta}{\partial \tilde{t}} = \sin \eta - \tilde{J}_b. \quad (3)$$

88 It follows from Eqs. (1) and (2), taking into account the ac-Josephson relation, $V = (\Phi_0/2\pi)\partial\eta/\partial t$.

89 Eq. (3) is written in a dimensionless form with space, $\tilde{x} = x/\lambda_J$, normalized by λ_J , and time, $\tilde{t} =$

90 $\omega_p t$, by the Josephson plasma frequency, ω_p . Here α is the QP damping factor, and $\tilde{J}_b = J_b/J_{c0}$

91 is the normalized bias current density, which originates from the $\partial^2 V/\partial y^2$ term in Eq.(1) [38]. In

92 what follows, "tilde" will indicate dimensionless variables, $\tilde{\omega} = \omega/\omega_p$ and $\tilde{k} = \lambda_J k$. Definition and

93 interconnection between different variables is clarified in the Appendix.

94 Radiative resistance of a patch antenna

95 A rectangular patch antenna has two radiating slots, which correspond to the left and right edges of

96 the JJ in Fig. 1 (a). The slots can be considered as magnetic current lines (magnetic dipoles) [39].

97 The radiation power from one slot is

$$98 \quad P_1 = G_1 \frac{|v(0, a)|^2}{2}, \quad (4)$$

99 where $|v(0, a)|$ is the amplitude of voltage oscillations at the slot ($x = 0, a$) and G_1 is the radi-

100 tive conductance of the single slot. Low- T_c JJs are operating at sub-THz frequencies, for which the

101 wave length in free space is large, $\lambda_0 \gg b \gg d$. In this limit [36,39],

$$102 \quad G_1 = \frac{4\pi}{3Z_0} \left[\frac{b}{\lambda_0} \right]^2, \quad (b \ll \lambda_0) \quad (5)$$

103 where $Z_0 = \sqrt{\mu_0/\epsilon_0} \simeq 376.73$ (Ω) is the impedance of free space.

104 To calculate the total radiation power from both slots one has to take into account the mutual ra-

105 diative conductance, G_{12} , and the array factor AF [36]. G_{12} is originating from a cross product of

106 electric and magnetic fields generated by different slots. For $\lambda_0 \gg b \gg d$ it is equal to [36,40]

$$107 \quad G_{12} = \frac{\pi}{Z_0} \left[\frac{b}{\lambda_0} \right]^2 \int_0^\pi J_0(k_0 a \sin \Theta) \sin^3 \Theta d\Theta. \quad (6)$$

108 Here J_0 is the zero-order Bessel function, $k_0 = 2\pi/\lambda_0$ is the wave number in free space and the
109 angle Θ is defined in Fig. 1 (b). For the n -th cavity mode,

$$110 \quad k_n = \frac{\pi}{a} n, \quad \omega_n = c_0 k_n, \quad (7)$$

111 the argument of J_0 becomes $(c_0/c)\pi n \sin \Theta$. Since $c_0 \ll c$, $k_0 a$ is small. Expanding in Eq. (6),
112 $J_0(x) \simeq 1 - x^2/4$ (for $x \ll 1$), we obtain:

$$113 \quad G_{12} \simeq G_1 \left[1 - \frac{2}{5} \left(\frac{c_0}{c} \pi n \right)^2 \right], \quad \left(\frac{c_0}{c} \pi n \ll 1 \right). \quad (8)$$

114 It is seen that the mutual conductance for a JJ with thin electrodes (slow c_0) is not negligible and
115 can be as big as the single slot conductance G_1 , Eq. (5).

116 The array factor takes into account the interference of electromagnetic fields from the two slots in
117 the far field. It depends on the separation between the slots, a , the relative phase shift, β , and the
118 direction (φ, Θ) . Since radiation from a patch antenna is induced by magnetic current lines, it is
119 more intuitive to consider the interference of magnetic fields, $H_1 + H_2 = AF H_1$. For the geometry
120 of Figs. 1 (a) and (b) it can be written as [36,40]

$$121 \quad AF = 2 \cos \left[\frac{1}{2} (k_0 a \sin \Theta \sin \varphi + \beta) \right]. \quad (9)$$

122 Odd-number cavity modes have antisymmetric voltage oscillations, but symmetric magnetic cur-
123 rents, $\beta = 0$. This leads to a constructive interference with the maximum $AF = 2$ perpendicular
124 to the patch along the z -axis. For even modes its vice-versa, $\beta = \pi$, and a destructive interference
125 leads to a node, $AF = 0$, along the z -axis.

126 The total emission power is

$$127 \quad P_{\text{rad}} = \frac{(|v(0)|^2 + |v(a)|^2)G_1 \pm 2|v(0)||v(a)|G_{12}}{2}, \quad (10)$$

128 where plus/minus signs are for odd/even modes, respectively. For equal amplitudes, $|v(0)| =$
 129 $|v(a)|$,

$$130 \quad P_{\text{rad}} = \frac{|v(0)|^2}{2R_{\text{rad}}}, \quad (11)$$

131 with the effective radiative resistance

$$132 \quad R_{\text{rad}} = \frac{1}{1 \pm G_{12}/G_1} \frac{3Z_0}{8\pi} \left[\frac{\lambda_0}{b} \right]^2. \quad (12)$$

133 **Determination of voltage amplitudes**

134 To calculate P_{rad} we need voltage amplitudes at JJ edges. Within the TL model of patch antennas,
 135 $v(x)$ is obtained by decomposition into a sum of cavity eigenmodes [34]. For JJs a similar ap-
 136 proach is used for the analysis of Fiske steps [16,29-31]. To separate dc and ac components, we
 137 write

$$138 \quad \eta(x, t) = kx + \omega t + \phi(x, t). \quad (13)$$

139 Here $k = 2\pi(\Phi/\Phi_0)/a$ is the phase gradient induced by the external field, where Φ is the flux in
 140 the JJ. $\omega = 2\pi\Phi_0 V_{\text{dc}}$ is the angular Josephson frequency proportional to the dc voltage V_{dc} . The
 141 last term, ϕ , represents the oscillatory component induced by cavity modes and fluxons. This term
 142 generates the ac-voltage, which we aim to determine:

$$143 \quad v(x, t) = \frac{\Phi_0}{2\pi} \frac{\partial \phi}{\partial t}. \quad (14)$$

144 **Small amplitude, multimode analysis**

145 In the small amplitude limit, $\phi \ll 1$, a perturbation approach can be used. A linear expansion of
 146 Eq. (3) yields [16,29,31],

$$147 \quad \frac{\partial^2 \phi}{\partial \tilde{x}^2} - \frac{\partial^2 \phi}{\partial \tilde{t}^2} - \alpha \frac{\partial \phi}{\partial \tilde{t}} = \sin(kx + \omega t) + \cos(kx + \omega t)\phi - \Delta \tilde{J}_b. \quad (15)$$

148 Here $\Delta \tilde{J}_b = \tilde{J}_b - \alpha \tilde{\omega}$ is the excess dc current with respect to the Ohmic QP line. It is caused by the
 149 second term in the r.h.s., which enables nonlinear rectification of the Josephson current. The excess
 150 dc current is defined as

$$151 \quad \Delta I = I_{c0} \lim_{T \rightarrow \infty} \frac{1}{T} \int_0^T dt \frac{1}{a} \int_0^a \cos(kx + \omega t) \phi dx. \quad (16)$$

152 The oscillatory part is described by the equation

$$153 \quad \frac{\partial^2 \phi}{\partial \tilde{x}^2} - \frac{\partial^2 \phi}{\partial \tilde{t}^2} - \alpha \frac{\partial \phi}{\partial \tilde{t}} = \sin(kx + \omega t). \quad (17)$$

154 A comparison with Eq. (1) shows that this is the active TL equation, in which the supercurrent
 155 wave, $\sin(kx + \omega t)$, is acting as a distributed (x, t) -dependent drive.

156 To obtain ϕ a decomposition into cavity eigenmodes is made [15,16,29,31,41], similar to the TL
 157 analysis of patch antennas [34-36]:

$$158 \quad \phi(x, t) = -ie^{i\omega t} \sum_{n=1}^{\infty} g_n \cos(k_n x). \quad (18)$$

159 Substituting it in Eq. (17) and taking into account orthogonality of eigenfunctions, one obtains

$$160 \quad g_n = \frac{B_n + iC_n}{\tilde{\omega}^2 - \tilde{k}_n^2 - i\alpha\tilde{\omega}}, \quad (19)$$

$$161 \quad B_n = \frac{\sin(k - k_n)a}{(k - k_n)a} + \frac{\sin(k + k_n)a}{(k + k_n)a}, \quad (20)$$

$$162 \quad C_n = -\frac{1 - \cos(k - k_n)a}{(k - k_n)a} + \frac{1 - \cos(k + k_n)a}{(k + k_n)a}. \quad (21)$$

163 From Eq. (14), voltage amplitudes at radiating slots are:

$$164 \quad v(0) = \frac{\Phi_0\omega}{2\pi} e^{i\omega t} \sum_{n=1}^{\infty} g_n, \quad (22)$$

$$165 \quad v(a) = \frac{\Phi_0\omega}{2\pi} e^{i\omega t} \sum_{n=1}^{\infty} (-1)^n g_n. \quad (23)$$

166 Excess current

167 Without geometrical resonances the dc-current, well above the field-dependent critical current,
 168 $I \gg I_c(H)$, is determined by the QP resistance, $I = V/R_{QP}$. In dimensionless units, $I/I_{c0} = \alpha V/V_p$,
 169 where $V_p = \Phi_0\omega_p/2\pi$ is voltage at plasma frequency. At resonances a partial rectification of the
 170 oscillating supercurrent occurs, leading to appearance of Fiske steps in the I - V curves. The excess
 171 dc-current, obtained from Eq. (16), is [16,29,31]

$$172 \quad \Delta I = \frac{I_{c0}}{4} \sum_{n=1}^{\infty} [B_n \text{Im}(g_n) - C_n \text{Re}(g_n)] \quad (24)$$

173 Figure 2 (a) shows calculated I - V characteristics of a JJ with $a = 5\lambda_J$, $\alpha = 0.1$ and at magnetic field
 174 corresponding to $\Phi = 5\Phi_0$ in the JJ. Blue symbols represent direct numerical simulation of the
 175 sine-Gordon equation (3) for up and down current sweep. The red line shows the analytic solution,
 176 with the excess current given by Eq. (24). The agreement between exact (without linearization)
 177 numeric and (approximate) analytic solutions is quite good. It is seen that a series of Fiske steps
 178 appear in the I - V . Vertical grid lines mark positions of cavity mode resonances, $\omega/c_0 = k_n$. Fiske
 179 steps appear at this condition due to vanishing of $\tilde{\omega}^2 - \tilde{k}_n^2$ term in the denominator of g_n , Eq. (19).

180 The main step occurs at the double resonance condition, $\omega/c_0 = k_n = k$. It happens at $n = 2\Phi/\Phi_0$
 181 and leads to vanishing of $(k - k_n)$ in the denominators of Eqs. (20) and (21). The condition, $\omega/c_0 =$
 182 k , is referred to as the velocity matching because at this point the velocity of fluxon chain [or phase
 183 velocity of the current wave in Eq. (17)] reaches c_0 [16].

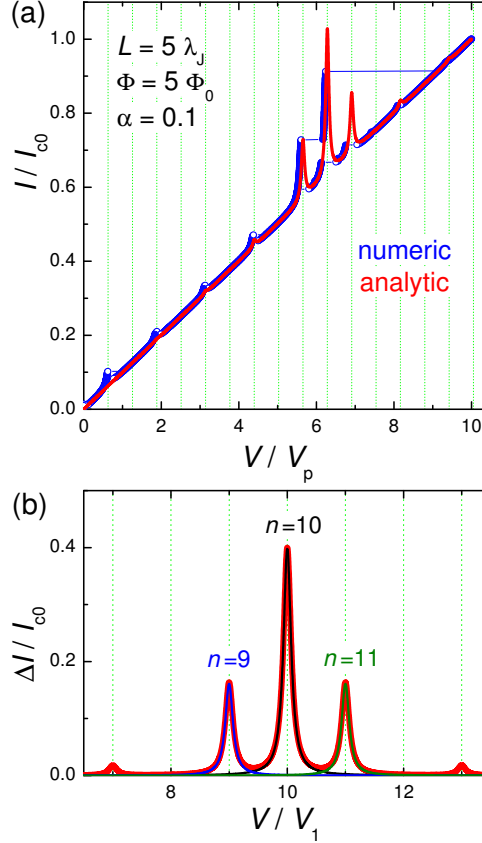


Figure 2: (Color online). (a) Simulated current-voltage characteristics of a junction with $L = 5\lambda_J$, $\Phi/\Phi_0 = 5$ and $\alpha = 0.1$. Blue symbols represent full numeric solution of the sine-Gordon equation (up and down current sweep). The red line represents the approximate (perturbative) analytic solution, $I = V/R_{QP} + \Delta I$. (b) Excess dc-current, $\Delta I(V)$, at Fiske steps. Thick red line represents the multimode analytic solution, Eq. (24). Thin blue, black and olive lines show single mode solutions for $n = 9, 10$ and 11 . Vertical grid lines in (a) and (b) mark Fiske step voltages. Voltages are normalized by (a) the plasma frequency voltage, V_p , and (b) the lowest Fiske step voltage, V_1 .

184 Single mode analysis

185 Fig. 2 (b) shows the excess current, $\Delta I/I_{c0}$ versus V , normalized by the $n = 1$ Fiske step voltage,
 186 $V_1 = \Phi_0 c_0 / 2a$. Such normalization clearly shows that the main resonance occurs at $n = 2\Phi/\Phi_0 =$

187 10. The thick red line represents the full multimode solution, Eq. (24). Thin blue, black and olive
 188 lines represent a single eigenmode contribution for $n = 9, 10$ and 11 . A perfect coincidence with
 189 the red line indicates that for underdamped JJs, $\alpha \ll 1$, it is sufficient to consider just a single
 190 mode. This greatly simplifies the analysis.

191 For a resonance at mode n ,

$$192 \quad g_n(\tilde{\omega} = \tilde{k}_n) = \frac{iB_n - C_n}{\alpha \tilde{k}_n}, \quad (25)$$

193 and

$$194 \quad |v_n(0, a)| = \frac{\Phi_0 \omega}{2\pi} |g_n| = \frac{\Phi_0 \omega_p}{2\pi \alpha} F_n, \quad (26)$$

$$195 \quad \Delta I = \frac{F_n^2}{4\alpha \tilde{k}_n} I_{c0}, \quad (27)$$

196 where

$$197 \quad F_n = \sqrt{B_n^2 + C_n^2}. \quad (28)$$

198 **Large amplitude case**

199 The described above perturbative approach is valid only for small amplitudes. Simulations in Fig.
 200 2 (a) are made for an underdamped JJ, $\alpha = 0.1$. In this case the quality factor of high-order cavity
 201 modes is large,

$$202 \quad Q_n = \omega_n R_{\text{QPC}} C = \frac{\tilde{\omega}_n}{\alpha} \gg 1,$$

203 and $|g_n|$ is not small. Since ϕ appears within the $\sin \eta$ term in Eq. (3), the maximum possible am-
 204 plitude of $|g_n|$ is π . This reflects one of the key differences between FFO and patch antenna. The
 205 patch antenna is a linear element, in which the voltage amplitude is directly proportional to the feed

206 current. FFO is essentially nonlinear. The amplitude of Josephson phase oscillations will not grow
 207 beyond $|g_n| = \pi$. Instead higher harmonic generation will occur.

208 Full numerical simulations of the sine-Gordon equation (3), shown by blue symbols in Fig. 2 (a),
 209 reveal that the amplitude of oscillations reach π at the end of the velocity-matching step. This
 210 causes a premature switching out of the resonance before reaching the resonant frequency. It is
 211 somewhat miraculous that the agreement with the perturbative solution [red line in Fig. 2 (a)] is
 212 so good. Apparently, it works remarkably well, far beyond the range of its formal applicability,
 213 $|g_n| \ll 1$.

214 A general single mode solution for an arbitrary amplitude was obtained by Kulik [30]. The ampli-
 215 tude at the resonance, $\tilde{\omega} = \tilde{k}_n$, is given by the first solution of the implicit equation [31],

$$216 \quad J_0\left(\frac{|g_n|}{2}\right) = \frac{\alpha \tilde{k}_n}{F_n} |g_n|, \quad (29)$$

217 where J_0 is the 0-order Bessel function. This equation can be easily solved numerically. It is also
 218 possible to obtain an approximate analytic solution by expanding $J_0(x) \simeq 1 - x^2/4$ for small x .
 219 With such expansion, Eq. (29) is reduced to a quadratic equation with the solution,

$$220 \quad |g_n| = \sqrt{16 + \left(\frac{8\alpha \tilde{k}_n}{F_n}\right)^2} - \frac{8\alpha \tilde{k}_n}{F_n}. \quad (30)$$

221 For overdamped JJs, $\alpha \gg 1$ it reduces to the small amplitude result of Eq. (25), $|g_n| = F_n/\alpha \tilde{k}_n$. For
 222 underdamped JJs, it qualitatively correctly predicts saturation of the amplitude for $\alpha \rightarrow 0$, although
 223 at the value 4 instead of π . Thus, Eq. (30) provides a simple and good-enough approximation for a
 224 significantly broader range of damping parameters than Eq. (25).

225 **Input resistance**

226 For the practically most important velocity matching mode, $k_n = k$, from Eqs. (19,20,21) it fol-
 227 lows, $B_n = 1$, $C_n = 0$, $F_n = 1$, leading to a remarkably simple result,

$$228 \quad |v(0, a)| = \frac{\Phi_0 \omega_p}{2\pi\alpha} = I_{c0} R_{QP}. \quad (31)$$

229 This equation has a straightforward meaning, illustrated by the equivalent circuit in Fig. 1 (c). A
 230 JJ is a source of spatially distributed oscillating current, $J_z = J_{c0} \sin(\omega t + kx)$, with a fixed ampli-
 231 tude, J_{c0} , but spatially dependent phase, kx . It couples to the cavity mode via some effective input
 232 impedance Z_{in} . Z_{in} depends on ω , k_n and k and is in general complex. However, since the phase
 233 of the current wave is strongly varying along the junction, it is hard to define the phase shift be-
 234 tween current and voltage. Therefore, in what follows I will be talking about the input resistance,
 235 $R_{in} = |Z_{in}|$, defined via the relation

$$236 \quad |v(0, a)| = I_{c0} R_{in}. \quad (32)$$

237 From Eq. (26) it follows,

$$238 \quad R_{in} = R_{QP} F_n. \quad (33)$$

239 Figures 3 (a-c) show (a) B_n , (b) C_n and (c) $R_{in}/R_{QP} = F_n$ versus n for the case from Fig. 2. Lines
 240 are obtained for continuous variation of n in Eqs. (20,21) and circles represent the actual cavity
 241 modes with integer n . From Fig. 3 (c) it is seen that R_{in} has a distinct maximum at the velocity
 242 matching condition $n = 2\Phi/\Phi_0 = 10$. At this point $\tilde{\omega} = \tilde{k}_n = \tilde{k}$ the wave numbers of the cavity
 243 mode and the current wave coincide, leading to a perfect coupling along the whole length of the JJ.
 244 Therefore, $R_{in} = R_{QP}$ and $v = I_{c0} R_{QP}$. For other modes, $k_n \neq k$, the coupling with Josephson cur-
 245 rent oscillations is much worse. As seen from Fig. 3 (c), it is oscillating with n . For the particular

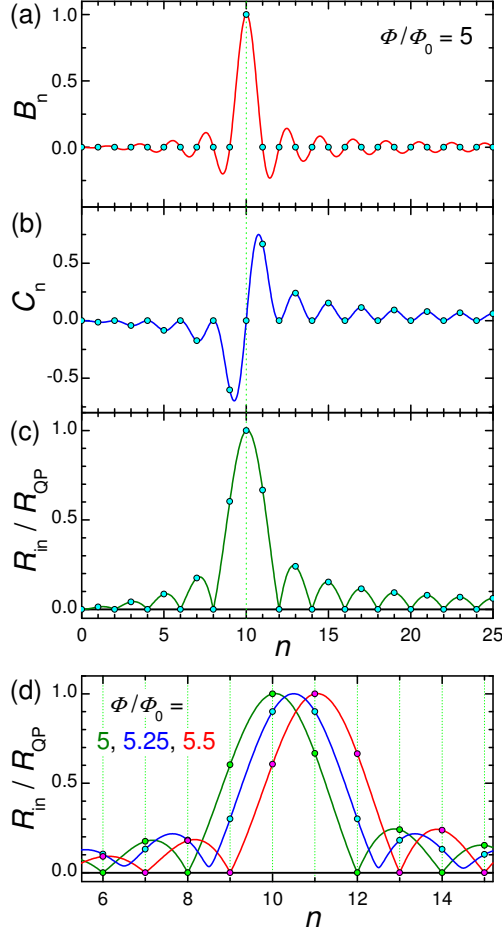


Figure 3: (Color online). Panels (a) and (b) show mode-number dependence of coefficients B_n and C_n , given by Eqs. (20) and (21), for the case from Fig. 2 with $\Phi/\Phi_0 = 5$. Panel (c) shows corresponding oscillatory dependence of the input resistance, Eqs. (28), (33). (d) Input resistance for $\Phi/\Phi_0 = 5$ (olive), 5.25 (blue) and 5.5 (red). The large R_{in} enables good coupling of the cavity mode to the Josephson current.

246 case with integer Φ/Φ_0 , R_{in} vanishes for all even modes. This leads to the absence of correspond-
 247 ing Fiske steps in Fig. 2 (a).

248 The coupling of a cavity mode to the current wave in the JJ depends on magnetic field and flux in
 249 the JJ (via parameter k). This is illustrated in Fig. 3 (d) for $\Phi/\Phi_0 = 5$ [olive line, the same as in
 250 (c)], 5.25 (blue) and 5.5 (red). Although the oscillatory behavior of Fiske step amplitudes is well
 251 known [16,29,31], the interpretation of such behavior in terms of the input resistance makes a clear
 252 connection to the analysis of patch antennas, for which R_{in} is one of the most important parame-
 253 ters. From this point of view, geometrical resonances with large voltage amplitudes appear only

254 for modes coupled to the current source (Josephson oscillations) via a large input resistance, Eq.
 255 (32). As seen from Fig. 3 (d), the best coupling with maximum, $R_{\text{in}} = R_{\text{QP}}$, occurs for the velocity-
 256 matching step, $n = 2\Phi/\Phi_0$. Modes with $R_{\text{in}} = 0$ are not coupled to Josephson oscillations and,
 257 therefore, are not excited at all. In particular, there is no coupling to any mode in the absence of
 258 applied field, $R_{\text{in}}(H = 0) = 0$. That is why Fiske steps do not appear at zero field.

259 Inclusion of radiative losses in a cavity mode analysis

260 Finally, in order to calculate radiative characteristics, we need to take into consideration radiative
 261 losses. In sec. B above only QP losses in a pure cavity eigenmode were considered. Yet, pure
 262 eigenmodes, $E_n \propto \cos(k_n x)$, $H_n \propto \sin(k_n x)$, do not emit any radiation because they do not pro-
 263 duce ac-magnetic fields at the edges $H_n(0, L) = 0$ [36]. Consequently, the Pointing vector is zero.
 264 In other words, eigenmodes have infinite radiative impedance, $Z_{\text{rad}}(0, L) = E(0, L)/H(0, L) = \infty$.
 265 Therefore, despite large electric fields, the radiated power $P_{\text{rad}} \propto E^2/Z_{\text{rad}}$ is zero [10].
 266 Radiative losses can be included using the equivalent circuit, sketched in Fig. 1 (c). Voltage os-
 267 cillations at the JJ edges are produced by the oscillating supercurrent via the input resistance, Eq.
 268 (32). The generated electromagnetic power is distributed between internal losses, characterized
 269 by the dissipative resistance, R_{dis} , and radiative losses to free space, characterised by the radiative
 270 resistance R_{rad} . They are connected by the transmission line impedance,

$$271 \quad Z_{\text{TL}} = \sqrt{\frac{\bar{Z}_{\text{surf}} + i\omega\bar{L}}{\bar{G}_{\text{QP}} + i\omega\bar{C}}}. \quad (34)$$

272 Here Z_{surf} is the surface impedance of electrodes, $G_{\text{QP}} = 1/R_{\text{QP}}$ is the quasiparticle conductance,
 273 L - inductance and C - capacitance of the JJ. "Bars" indicates that the quantities are taken per unit
 274 length. For not very high frequencies and temperatures, the surface resistance of Nb electrodes is
 275 small (as will be discussed below). For tunnel JJs G_{QP} is also small. In this case,

$$276 \quad R_{\text{TL}} \simeq \sqrt{\frac{\bar{L}}{\bar{C}}} = Z_0 \sqrt{\frac{\Lambda d}{\epsilon_r b^2}}. \quad (35)$$

277 It is very small because $b \gg \Lambda \gg d$ and for all practical cases can be neglected. Therefore, in Fig.
 278 1 (c) we may consider that the dissipative and radiative resistances are connected in parallel. Anal-
 279 ysis of patch antennas [36] and numerical calculations for JJs with radiative boundary conditions
 280 [10] show that radiative losses can be simply included in the cavity mode analysis by introducing
 281 the total quality factor, Q_{tot} , of the cavity mode with parallel dissipative and radiative channels,

$$282 \quad \frac{1}{Q_{\text{tot}}} = \frac{1}{Q_{\text{dis}}} + \frac{1}{Q_{\text{rad}}}. \quad (36)$$

283 Here Q_{dis} is associated with all possible dissipative losses, such as QP resistance in the JJ as well as
 284 surface resistance in electrodes and dielectric losses, Q_{rad} - with radiative losses,

$$285 \quad Q_{\text{dis,rad}} = \omega C R_{\text{dis,rad}}. \quad (37)$$

286 Using definitions of α and Q , we can introduce a total damping factor

$$287 \quad \alpha_{\text{tot}} = \frac{\omega}{\omega_p} \frac{1}{Q_{\text{tot}}} = \frac{1}{\omega_p C R_{\text{tot}}}, \quad (38)$$

288 where the total resistance is

$$289 \quad R_{\text{tot}} = \frac{R_{\text{dis}} R_{\text{rad}}}{R_{\text{dis}} + R_{\text{rad}}}. \quad (39)$$

290 Thus, to include radiative losses, α and R_{QP} in the equations above should be replaced by α_{tot} and
 291 R_{tot} . For the n -th cavity mode resonance we obtain,

$$292 \quad P_{\text{rad},n} = \frac{I_{c0}^2 R_{\text{tot}}^2}{2 R_{\text{rad}}} F_n^2. \quad (40)$$

293 For the most important velocity matching resonance from Eq. (31) we obtain

$$294 \quad P_{\text{rad},k} = \frac{I_{c0}^2 R_{\text{tot}}^2}{2 R_{\text{rad}}}, \quad (41)$$

295 with R_{rad} and R_{tot} defined in Eqs. (12) and (39).

296 **Power efficiency**

297 The total power, dissipated in a JJ, is given by the product of dc voltage and dc current,

$$298 \quad P_{\text{tot}} = VI = \frac{\Phi_0 \omega}{2\pi} \left[\alpha_{\text{dis}} \tilde{\omega} + \frac{F_n^2}{4\alpha_{\text{dis}} \tilde{\omega}} \right] I_{c0}. \quad (42)$$

299 Here the left factor is the dc-voltage and the right is the total dc-current. It contains the QP current
 300 (first term) and the rectified excess current, ΔI , (second term). The latter is written using Eq. (27)
 301 at the resonance condition $\tilde{\omega} = \tilde{k}_n$. It is important to note, that the nonlinear rectification occurs
 302 only inside the JJ. Therefore, the damping parameter α_{dis} within the JJ is used for both terms. The
 303 first term in Eq. (42) describes dissipative dc-losses, which generate only heat, $P_{\text{heat}} = V^2/2R_{\text{dis}}$.
 304 The second term in Eq. (42) describes the total power consumed by the cavity mode, $P_{\text{cav}} = V\Delta I$.
 305 Only this term is participating in radiation. From Eqs. (39,40) we obtain a well-known connection
 306 between the radiated power and the power consumed solely by the cavity mode,

$$307 \quad \frac{P_{\text{rad}}}{P_{\text{cav}}} = \frac{2R_{\text{dis}}R_{\text{rad}}}{(R_{\text{dis}} + R_{\text{rad}})^2}. \quad (43)$$

308 As usual, the maximum emission power is achieved at the matching condition $R_{\text{rad}} = R_{\text{dis}}$. In this
 309 case exactly one half of the cavity mode power is emitted and another half is dissipated. This is
 310 typical for antennas [36] and is consistent with direct simulations for JJs with radiative boundary
 311 conditions [10]. Yet, the overall power efficiency is reduced by the ‘‘leakage’’ QP current in Eq.
 312 (42), which just produces heat. For the I - V curves in Fig. 2 (a), the Ohmic QP current is more than
 313 twice ΔI at the velocity matching step. Therefore, the total power efficiency, $P_{\text{rad}}/P_{\text{tot}}$, for such
 314 moderately underdamped JJ will not exceed $50/3 \simeq 17\%$. Since the leakage current decreases with
 315 increasing R_{QP} , strongly underdamped JJs are necessary for reaching $\sim 50\%$ power efficiency. This
 316 is the case for Nb tunnel JJs [9] and for high-quality intrinsic JJs in Bi-2212 high- T_c cuprates, for

317 which the quality factor may exceed several hundreds [32] and ΔI can be several times larger than
 318 the leakage QP current [9,32].

319 Discussion

320 Estimation of parameters

321 Lets estimate characteristic impedances for the case of Nb/AlO_x/Nb tunnel JJs, which are used in
 322 the state of the art FFOs [9,11]. I assume that $a = 100 \mu\text{m}$, $b = 10 \mu\text{m}$, $d = 2 \text{ nm}$, $\epsilon_r = 10$,
 323 $d_1 = d_2 = 100 \text{ nm}$, the zero-temperature London penetration depth $\lambda_{L0} = 100 \text{ nm}$, $J_{c0} = 5 \cdot 10^3$
 324 (A/cm^2), $I_{c0} = J_{c0}ab = 50 \text{ mA}$, and the characteristic voltage $I_{c0}R_n = 1 \text{ mV}$. This yields, $R_n = 20$
 325 $\text{m}\Omega$, $C = 44.25 \text{ pF}$, $\Lambda = 272.6 \text{ nm}$, inductance $L^* = \mu_0\Lambda a/b = 3.43 \text{ pH}$, $c_0/c = 2.71 \cdot 10^{-2}$.

326 Surface resistance

327 Within the two-fluid model, surface resistance of two superconducting electrodes can be written as
 328 [42]:

$$329 \quad R_{\text{surf}} \approx \frac{a}{b} \mu_0^2 \omega^2 \lambda_{L0}^3 \sigma_n \frac{(T/T_c)^4}{(1 - (T/T_c)^4)^{3/2}}. \quad (44)$$

330 Here σ_n is the normal state conductivity. This approximation is valid for not very high tempera-
 331 tures, $T/T_c < 0.8$. Taking typical parameters for sputtered Nb films, $\sigma_n \approx 1.75 \cdot 10^5 (\Omega\text{cm})^{-1}$ [43],
 332 frequency $f = 400 \text{ GHz}$ and $T/T_c = 0.5$, we obtain: $R_{\text{surf}} \approx 0.12 \Omega$.

333 Transmission line impedance

334 TL impedance is given by Eq. (34) where $G_{\text{QP}} = 1/R_{\text{QP}}$. For tunnel JJs $R_{\text{QP}} \gg R_n$ at sub-gap
 335 voltages. I'll assume $R_{\text{QP}} = 25R_n$, typical for Nb tunnel JJs [9,11]. This gives, $R_{\text{QP}} = 0.5 \Omega$ and
 336 $G_{\text{QP}} = 2 \Omega^{-1}$. At $f = 400 \text{ GHz}$, $\omega L^* = 8.61 \Omega$, $\omega C = 111.2 \Omega^{-1}$ and $Z_{\text{TL}} \approx 0.278 + i0.0015 \Omega$. It
 337 practically coincides with the resistance of ideal TL, Eq. (35). The value of Z_{TL} is only slightly af-
 338 fected by ill-defined QP resistance and remains practically the same even if we use the upper limit,
 339 $G_{\text{QP}} = 1/R_n$. Importantly, Z_{TL} is small because of very small d .

340 **Dissipative resistance**

341 The effective dissipative resistance is affected by all sources of dissipation, including QP and di-
 342 electric losses in the junction barrier and surface resistance in electrodes. According to Eq. (37),
 343 R_{dis} is defined via the effective quality factor, Q_{dis} , which can be written as:

$$344 \quad \frac{1}{Q_{\text{dis}}} = \frac{1}{Q_{\text{QP}}} + \frac{1}{Q_{\text{surf}}} + \frac{1}{Q_{\text{diel}}}, \quad (45)$$

345 where Q_{QP} , Q_{surf} and Q_{diel} are determined by QP, surface and dielectric losses, respectively. QP
 346 and surface resistance contribution can be accounted for using the TL analysis. The quality factor
 347 of TL is determined by the relation

$$348 \quad Q_{\text{TL}} = k_1/2k_2,$$

349 where k_1 and k_2 are real and imaginary parts of the wave number in the TL, $k = k_1 - ik_2$. They are
 350 obtained from the TL dispersion relation,

$$351 \quad k^2 = -(R_{\text{surf}} + i\omega L^*)(G_{\text{QP}} + i\omega C).$$

352 Taking into account that $G_{\text{QP}} = 1/R_{\text{QP}} \ll \omega C$ and $R_s \ll \omega L^*$, and $Q_{\text{TL}}^{-1} = Q_{\text{QP}}^{-1} + Q_{\text{surf}}^{-1}$, we obtain

$$353 \quad Q_{\text{QP}} = \omega R_{\text{QP}} C \approx 55.6, \quad (46)$$

$$354 \quad Q_{\text{surf}} = \frac{\omega L^*}{R_{\text{surf}}} \approx 71.7 \quad (47)$$

355 Dielectric losses in AlOx barrier of a JJ were estimated in Ref. [44]. At $f \approx 10$ GHz, $Q_{\text{diel}} \sim 10^4$.
 356 Although, it should reduce at $f = 400$ GHz, we anticipate that it is still in the range of $\sim 10^3$.
 357 Therefore, dielectric losses are negligible, compared to QP and surface losses. Assuming $Q_{\text{diel}} =$
 358 500 we obtain from Eqs. (45, 47, 47), $Q_{\text{dis}} = 29.48$ and $R_{\text{dis}} \approx 0.265 \Omega$. It is close to the effective

359 dissipative resistance of the TL,

$$360 \quad R_{\text{dis}} \simeq \frac{Q_{\text{TL}}}{\omega C} = \frac{R_{\text{QP}}}{1 + R_{\text{QP}}R_{\text{surf}}C/L^*} \quad (48)$$

361 Radiative and total resistances

362 From Eqs. (12) and (8), taking into account the smallness of c_0/c , we can write,

$$363 \quad R_{\text{rad}} \simeq \frac{3Z_0}{16\pi} \left[\frac{\lambda_0}{b} \right]^2. \quad (49)$$

364 Substituting $\lambda_0 = 750 \mu\text{m}$ for $f = 400 \text{ GHz}$, we obtain a very large value, $R_{\text{rad}} \simeq 126.5 \text{ k}\Omega$. Since

365 $R_{\text{rad}} \gg R_{\text{dis}}$, the total resistance, Eq. (39), is $R_{\text{tot}} = 0.265 \Omega \simeq R_{\text{dis}}$.

Table 1: Estimation of characteristic resistances (in Ohms) for a Nb/AlOx/Nb tunnel junction with sizes $a = 100 \mu\text{m}$, $b = 10 \mu\text{m}$, $d = 2 \text{ nm}$, $d_1 = d_2 = 100 \text{ nm}$, $J_{c0} = 5000 \text{ (A/cm}^2\text{)}$, at $T/T_c = 0.5$ and $f = 400 \text{ GHz}$.

R_n	R_{QP}	R_{surf}	R_{TL}	ωL^*	$(\omega C)^{-1}$	R_{dis}	R_{rad}	R_{tot}
0.02	0.5	0.12	0.28	8.6	0.009	0.265	126.5k	0.265

366 Table 1 summarizes characteristic resistances.

367 Radiation power

368 From Eq. (41) we get the maximum radiation power at the velocity matching condition, $P_{\text{rad},k} \simeq$

369 0.7 nW . It is much smaller than the total dc power at the velocity matching step, $\sim \Phi_0 f I_{c0} \simeq$

370 $40 \mu\text{W}$. The corresponding power efficiency $\sim 10^{-5}$ reflects the key problem for using FFO as a

371 free-space oscillator.

372 Whom to blame?

373 The very low radiation power efficiency of a JJ is colloquially attributed to “impedance mismatch-

374 ing”. However, so far there was no clear understanding of what is mismatching with what. A long-

375 living misconception is that the mismatch is between the TL and free space impedances, $Z_{\text{TL}} \ll Z_0$
376 [16]. However, this is not the source of poor performance. To the contrary, it is beneficial to have
377 a small TL impedance, connecting two radiating slots in a patch antenna [36]. The small Z_{TL} does
378 not affect antenna performance and can be neglected.

379 The real source of the problem becomes apparent from Eq. (41). It is associated with more than
380 five orders of magnitude mismatch between the total and radiative resistances, $R_{\text{tot}} \ll R_{\text{rad}}$, see
381 Table 1. There are two main reasons for the mismatch: (i) The smallness of the junction width with
382 respect to the free-space wavelength. The factor $[\lambda_0/b]^2$ in Eqs. (12) and (49) leads to a very large
383 $R_{\text{rad}} \gg Z_0$. (ii) The smallness of junction resistance, $R_{\text{QP}} \ll Z_0$. The huge mismatch indicates that
384 a JJ alone does not work as a free-space oscillator.

385 **What to do?**

386 Accurate matching between radiative and junction resistances is necessary for efficient emission
387 into free space. Therefore, R_{QP} should be increased and R_{rad} decreased to a fraction of Z_0 . How-
388 ever, this is not possible for the standard FFO geometry, as sketched in Fig. 1 (a). Indeed, increas-
389 ing of R_{QP} would require reduction of junction sizes, which would lead to even faster increase of
390 R_{rad} . Alternatively, R_{QP} can be increased by decreasing J_{c0} , but this will not reduce R_{rad} . There-
391 fore, the impedance matching requires modification of the oscillator geometry.

392 There are many ways of coupling a Josephson oscillator to free space. First, I note that biasing
393 electrodes that are attached to the junction, significantly affect the net impedance. Since the total
394 length of the electrodes (few mm) is larger than λ_0 , the electrodes will reduce the net impedance
395 and thus improve impedance matching with free space [17]. Analysis of large JJ arrays demon-
396 strated that long electrodes may act as a traveling wave antenna, facilitating power efficiency of
397 several % at $f = 0.1 - 0.2$ THz [45,46], which is much better than $\sim 10^{-5}$ estimated above for the
398 bare junction without electrodes. In Ref. [11] a free-space oscillator based on an FFO, coupled to
399 a double slot antenna, was demonstrated. Although the power efficiency was not specified, the de-
400 tected of-chip signal up to 55 dB higher than the background noise was reported at $f = 0.5$ THz. In

401 Ref. [27] a mesa structure, containing several hundreds of stacked $\text{Bi}_2\text{Sr}_2\text{CaCu}_2\text{O}_{8+\delta}$ intrinsic JJs
 402 was implemented in a turnstile antenna. A radiation power efficiency up to 12% at $f \simeq 4$ THz was
 403 reported. The record high efficiency was attributed to a good impedance matching with free space
 404 [17]. In Ref. [24] a $\text{Bi}_2\text{Sr}_2\text{CaCu}_2\text{O}_{8+\delta}$ mesa was implemented into a patch antenna and the far-field
 405 emission at $f = 1.5$ THz was reported.

406 Common for all mentioned approaches is that junctions, which are small compared to λ_0 and, ac-
 407 cording to Eq. (49), have poor coupling to free-space, are coupled to large passive elements, com-
 408 parable with λ_0 . These elements act as microwave antennas, enabling good impedance matching
 409 and enhancing power efficiency for emission in free space. The target parameters for such oscillator
 410 are: $f \sim 1 - 10$ THz, the high power-efficiency $\sim 50\%$ and high-enough of-cryostat power > 1 mW.

411 **Josephson Patch Oscillator**

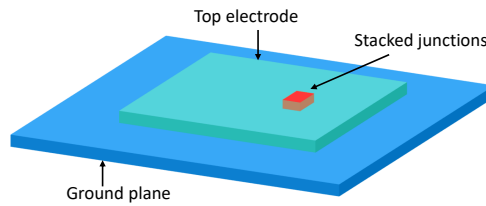


Figure 4: (Color online). A proposed design of the impedance-matched free-space Josephson oscillator. Here a stack of Josephson junctions is acting as source for excitation of the patch antenna formed by two large superconducting electrodes.

412 Since in this work I consider patch antennas, below I will dwell on the patch antenna approach, dis-
 413 cussed by Ono and co-workers [24]. Figure 4 shows a design of a Josephson patch oscillator (JPO).
 414 Here small junctions (red) are acting as an excitation source for a superconducting patch antenna.
 415 The bottom junction electrode (blue) forms the ground plane, and the top electrode (cyan) creates
 416 the patch antenna with sizes (a, b) , comparable to λ_0 . In principle, the JPO can be driven by a sin-
 417 gular JJ. However, as follows from the estimation above (see Table 1), raising the junction resistance
 418 to the desired Z_0 level would require a drastic (100 times) reduction of the junction area. This will
 419 also lead to a proportional reduction of I_{c0} and the net available power. Therefore, a better strategy
 420 is to use a stack of JJs with large-enough area, enabling high-enough I_{c0} . The number of JJs, N , is

421 an additional controllable parameter, allowing fine-tuning of R_n and R_{tot} . Furthermore, in-phase
 422 synchronization of N JJs would provide the N -fold increment of the oscillating voltage $v(0, L)$,
 423 leading to a superradiant amplification of the emission power, $P_{\text{rad}} \propto N^2$ [10].
 424 Moderate-size ($\sim 10 \mu\text{m}$) $\text{Bi}_2\text{Sr}_2\text{CaCu}_2\text{O}_{8+\delta}$ mesa structures are optimal for JPO. The R_n of such
 425 mesas can be easily raised to several hundred Ohms, while maintaining I_{c0} of few mA. This facili-
 426 tates the optimal net power level $\sim I^2 R_n$ of several mW [24,27]. It is small enough for obviation of
 427 catastrophic self-heating, which is one of the major limiting factors for superconducting devices
 428 [17,27]. Simultaneously it is large enough to enable > 1 mW emission, provided the radiation
 429 power efficiency is close to optimal $\sim 50\%$.

430 The operation frequency should be aligned with the Josephson frequency at the characteristics
 431 voltage, $I_{c0} R_n$, of JJs. For operation at the primary TM_{100}^x mode, one side of the patch should be
 432 $a \simeq \lambda/2$, where $\lambda = \lambda_0/\sqrt{\epsilon_r}$ is the wavelength inside the patch and ϵ_r is the relative dielectric
 433 permittivity of the insulation layer between patch electrodes. The other size, b , is adjustable and
 434 strongly affects the patch antenna performance. For $b \ll \lambda_0$ the radiative conductance per slot is
 435 given by Eq. (5). In the opposite limit, it becomes [36]

$$436 \quad G_1 = \frac{\pi}{Z_0} \left(\frac{b}{\lambda_0} \right). \quad (b \gg \lambda_0) \quad (50)$$

437 One of the most important parameters of the emitting antenna is the directivity, D , of the radiation
 438 pattern. A rectangular patch at the TM_{100}^x mode has the main lobe directed perpendicular to the
 439 patch (in the z -axis direction) with [36]

$$440 \quad D = 6.6, \quad (b \ll \lambda_0)$$

$$441 \quad D = 8 \left(\frac{b}{\lambda_0} \right). \quad (b \gg \lambda_0)$$

442 A good free-space emitter should have as large D as possible. From this point of view, it is prefer-
 443 able to have fairly wide antennas $b \sim \lambda_0$.

444 Finally, the position (x, y) of the stack plays an important role in selection of the excited cavity

445 mode. To excite solely the TM_{100}^x mode the stack should be placed at x close to one of the radiating
446 slots, i.e., $x \sim a$ and $y = b/2$. The position x of the stack affects the effective input resistance of
447 the antenna and provides another adjustable parameter for patch antenna operation. The FFO in-
448 put resistance, Eq. (33), is not relevant for JPO because it describes coupling to an internal cavity
449 mode within the JJ. In JPO Josephson current is coupled to an external cavity mode in the patch.
450 Since the patch is much larger than the JJ, the feed-in of the JPO is not distributed (in contrast to
451 FFO). Consequently, there is no need for magnetic field. The best coupling occurs at $H = 0$, corre-
452 sponding to the homogeneous distribution of the Josephson current. Generally, operation of JPO is
453 described by the standard patch antenna theory [36]. The only interesting physics is associated with
454 synchronization of JJs in the stack [10], which can be forced by the high quality cavity mode in the
455 antenna [47].

456 **Conclusions**

457 In conclusion, I described a distributed, active patch antenna model of a Josephson oscillator. It ex-
458 pands the standard transmission line model of a patch antenna, taking into account spatial-temporal
459 distribution of the input Josephson current density in a Josephson junction. In the presence of mag-
460 netic field and fluxons, the distribution of the oscillatory component of current is nonuniform. This
461 nonuniformity is essential for operation of a Josephson flux-flow oscillator and determines the ef-
462 fective input resistance, which enables the coupling between the Josephson current and the cavity
463 modes in the junction. The presented model allows explicit application of many patch antenna re-
464 sults and facilitates full characterization of the device, including the emission power, directivity
465 and power efficiency. The model explains the low power efficiency for emission in free space. It
466 is primarily caused by the smallness of the junction width compared to the free-space wavelength,
467 and the corresponding mismatch between very large radiative and small junction resistances. The
468 model clarifies what parameters can be changed to improve FFO characteristics. Finally, I dis-
469 cussed the design of a Josephson patch oscillator, which can reach high power for emission in free
470 space with the optimal power efficiency, $\sim 50\%$.

471 **Appendix**

Table 2: Definition of variables (in SI units).

Variable	Definition	Properties
a, b	Junction length and width in (x, y) plane	$a \gg \lambda_J, b \sim \lambda_J$
α	Quasiparticle damping factor	$\alpha = 1/\omega_p R_{QP} C = 1/Q_{QP}(\omega_p)$
C	Junction capacitance	$C = \epsilon_0 \epsilon_r ab/d$
c_0	Swihart velocity	$c_0 = c\sqrt{d/\epsilon_r \Lambda} = a/\sqrt{L^* C}$
$d, d_{1,2}$	Thicknesses of JJ interlayer and the two electrodes	$d \ll b \ll a$
Φ	Flux in the junction	$\Phi = H_y \Lambda^* a$
Φ_0	Flux quantum	$\Phi_0 = h/2e$
J_{c0}, I_{c0}	Maximum critical current density and critical current	$I_{c0} = J_{c0} ab$
k	Field-induced phase gradient	$k = 2\pi\Phi/\Phi_0 a$
k_n	Wave number of a cavity mode	$k_n = (\pi/a)n$
L^*, L_\square	Inductance of JJ and inductance per square	$L^* = \mu_0 \Lambda a/b, L_\square = \mu_0 \Lambda$
$\lambda_{L1,2}$	London penetration depths of the two JJ electrodes	-
λ_0	Wavelength in free space	-
λ	Wavelength in the patch antenna	$\lambda = \lambda_0/\sqrt{\epsilon_r}$
λ_J	Josephson penetration depth	$\lambda_J = [\Phi_0/2\pi\mu_0 J_{c0} \Lambda]^{1/2} = c_0/\omega_p$
Λ	Characteristic length associated with JJ inductance	$\Lambda = d + \lambda_{L1} \coth(d_1/\lambda_{L1}) + \lambda_{L2} \coth(d_2/\lambda_{L2})$
Λ^*	Effective magnetic thickness of the JJ	$\Lambda^* = d + \lambda_{L1} \tanh(d_1/2\lambda_{L1}) + \lambda_{L2} \tanh(d_2/2\lambda_{L2})$
η	Josephson phase difference	-
ω_p	Josephson plasma frequency	$\omega_p = [2\pi I_{c0}/\Phi_0 C]^{1/2}$
ω_J	Angular Josephson frequency	$\omega_J = \partial\eta/\partial t = 2\pi V_{dc}/\Phi_0$
ω_n	Cavity mode angular frequency	$\omega_n = c_0 k_n$
$R_{QP}, (r_{QP})$	Subgap quasiparticle resistance, (per unit area)	$r_{QP} = R_{QP} ab$
R_{dis}	The net dissipative resistance	-
R_{surf}	Surface resistance of electrodes	-
R_n	Normal state resistance of the JJ	-
R_{TL}	Transmission line resistance	-
R_{rad}	Radiative resistance	-
R_{in}	Effective input resistance of the JJ	-
R_{tot}	The total load resistance of the JJ	-

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